



Glasgow City

Alcohol Awareness Training (1/2 Day)

Summary

This introductory half-day training course aims to increase workers' knowledge and awareness of key issues relating to alcohol use in Scotland.

Learning Outcomes

By the end of the session delegates should be able to:

- Identify a range of reasons why people use alcohol.
- Describe the different patterns of alcohol use and how to identify the signs of problematic alcohol use.
- Recognise the potential impact of staff attitudes to alcohol use on their practice with people who are experiencing alcohol related issues.
- Recall prevalence of alcohol use in Scotland, the unit content for common drinks and state low-risk drinking guidelines.
- Understand and explain the different approaches to reducing the harm caused by problematic alcohol use and alcohol related issues including being able to list key resources and services to support those experiencing problematic alcohol use and alcohol related issues.

Target Audience

Health, Social Care and Voluntary Organisation staff who work in the community in non addictions settings who wish to increase their knowledge and awareness of alcohol issues. These courses are **ONLY** available for staff working within the Glasgow City Region.

Dates: Various between November 2017 till March 2018 - Check website

Venue: Check website for venues

Time: 9.30am - 12.30pm

Booking Information:

To book a place on an event, please visit: www.sdfworkforcedevelopment.org.uk

Please contact SDF Administration Team on: 0141 221 1175 or email: enquiries@sdf.org.uk if you have any general queries about these events.

Scottish Drugs Forum Charity No. SC008075.