



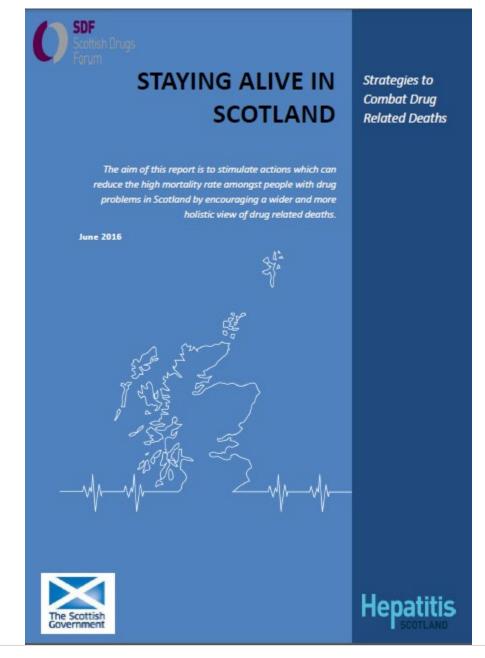
## STAYING ALIVE

PREVENTING DRUG RELATED DEATHS

#### **A** TRAINING TASTER

ALAN MCROBBIE SDF NATIONAL TRAINING OFFICER







## What are we doing | content

Why drug related deaths occur.

Recent research on protective factors including engaging in treatment.

Supporting people to access and stay in treatment.



### What are we doing | today

Recall risk factors for DRD & protective factors for prevention.



## Preventing DRD





# Risk Factors

Poly substance use
Periods of abstinence
Not in treatment
Opioid user
History of overdose
Using benzos
IV user

# Protective Factors

Stable housing
Treatment options
Optimal dose of ORT
Flexible appointments
Assertive outreach
Accessible services
Naloxone









#### Sean



Sean is 37 and has been injecting heroin for the last 15 years. He lives 1 hour away by bus from the town centre where the community drug problem service is located. The bus service runs every 2 hours. Sean injects heroin and has been known to share equipment if he hasn't been able to access the needle exchange. Sean has a history of non-engagement with services and has had a number of non fatal overdoses in the past. Sean is quite isolated from family and is main social contact is through other peers he injects with.



#### Sean



# Indicators of potential sources of risk and

Possible risk management responses

#### Main Office

#### Scottish Drugs Forum

91 Mitchell Street

Glasgow G1 3LN

t: 0141 221 1175

**f**: 0141 248 6414

e: enquiries@sdf.org.uk

www.sdf.org.uk

#### **Edinburgh**

139 Morrison Street

Edinburgh EH3 8AJ

**t**: 0131 221 9300

**f**: 0131 221 1556

e: enquiries@sdf.org.uk

#### Find drug services in your area:

www.scottishdrugservices.com

Hepatitis Scotland

www.hepatitisscotland.org.uk

**Take Home Naloxone** 

www.naloxone.org.uk

