



STAYING ALIVE

PREVENTING DRUG
RELATED DEATHS

A TRAINING TASTER

ALAN McROBBIE
SDF NATIONAL TRAINING OFFICER

STAYING ALIVE IN SCOTLAND

*Strategies to
Combat Drug
Related Deaths*

The aim of this report is to stimulate actions which can reduce the high mortality rate amongst people with drug problems in Scotland by encouraging a wider and more holistic view of drug related deaths.

June 2016



Hepatitis
SCOTLAND

What are we doing | content

Why drug related deaths occur.

Recent research on protective factors including engaging in treatment.

Supporting people to access and stay in treatment.

What are we doing | today

Recall risk factors for DRD & protective factors for prevention.

Preventing DRD



Risk Factors



Protective Factors



Risk Factors

Poly substance use
Periods of abstinence
Not in treatment
Opioid user
History of overdose
Using benzos
IV user

Protective Factors

Stable housing
Treatment options
Optimal dose of ORT
Flexible appointments
Assertive outreach
Accessible services
Naloxone



Sean



Sean is 37 and has been injecting heroin for the last 15 years. He lives 1 hour away by bus from the town centre where the community drug problem service is located. The bus service runs every 2 hours. Sean injects heroin and has been known to share equipment if he hasn't been able to access the needle exchange. Sean has a history of non-engagement with services and has had a number of non fatal overdoses in the past. Sean is quite isolated from family and his main social contact is through other peers he injects with.

Sean



Indicators of potential sources of risk
and
Possible risk management responses

Main Office

Scottish Drugs Forum

91 Mitchell Street

Glasgow G1 3LN

t: 0141 221 1175

f: 0141 248 6414

e: enquiries@sdf.org.uk

www.sdf.org.uk

Edinburgh

139 Morrison Street

Edinburgh EH3 8AJ

t: 0131 221 9300

f: 0131 221 1556

e: enquiries@sdf.org.uk

Find drug services in your area:

www.scottishdrugservices.com

Hepatitis Scotland

www.hepatitisscotland.org.uk

Take Home Naloxone

www.naloxone.org.uk

www.scottishdrugservices.com

Scottish Drugs Forum (SDF) www.sdf.org.uk is a company limited by guarantee, registration no. 106295 with charitable status and is also a registered Scottish charity registered SC 008075. Registered Office: 91 Mitchell Street, Glasgow, G1 3LN

