



strive



**Co-located NHS Tayside/Third sector
provision of early intervention substance
use support for young people in Dundee**

Dundee
Health & Social Care
Partnership



the corner
young people's health and wellbeing service

 **CORRA**
FOUNDATION
voice • power • change


Hillcrest
Futures

strive

the corner
young people's health and wellbeing service



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COUNSELLING

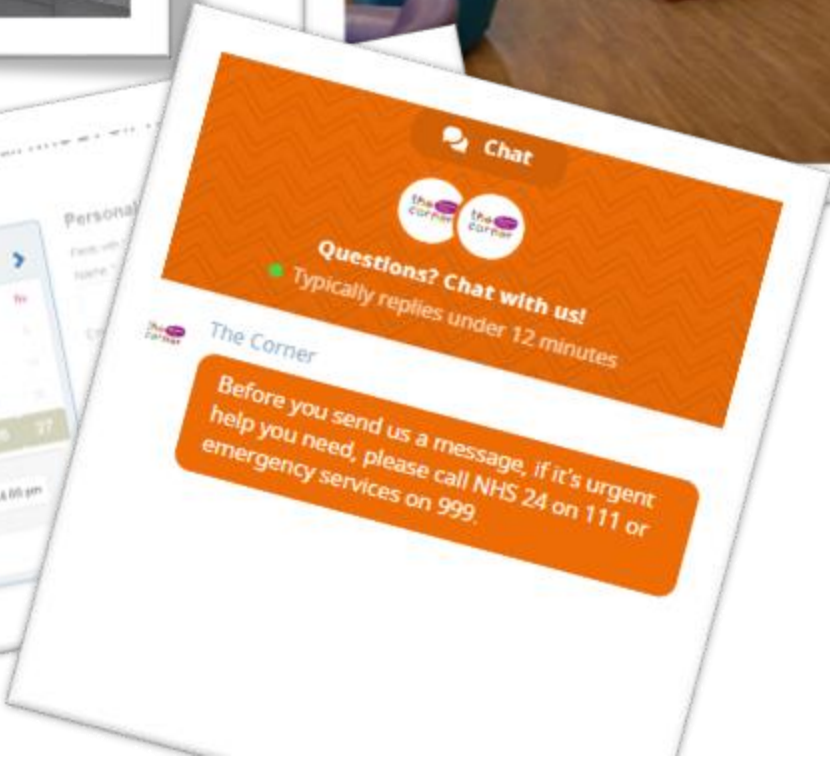
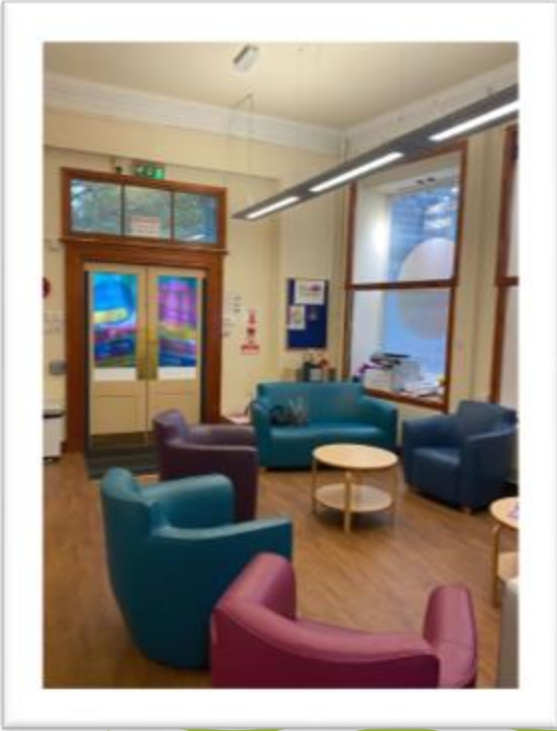
HEALTH PROMOTION AND OUTREACH PROGRAMME

YOUNG CARERS SUPPORT

STRIVE

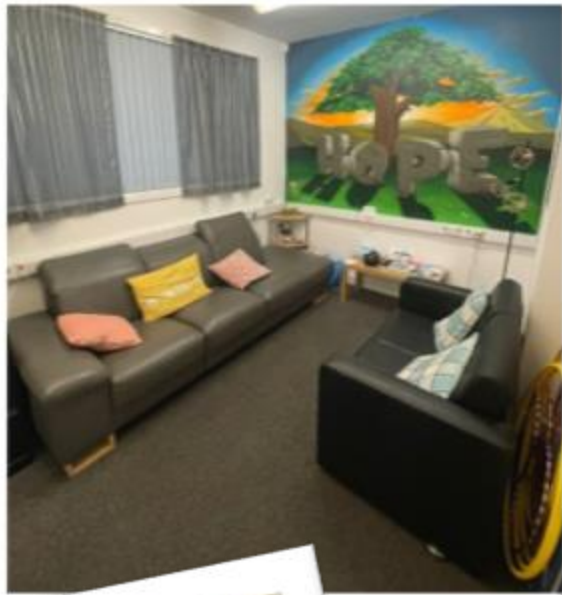
SEXUAL HEALTH PROVISION

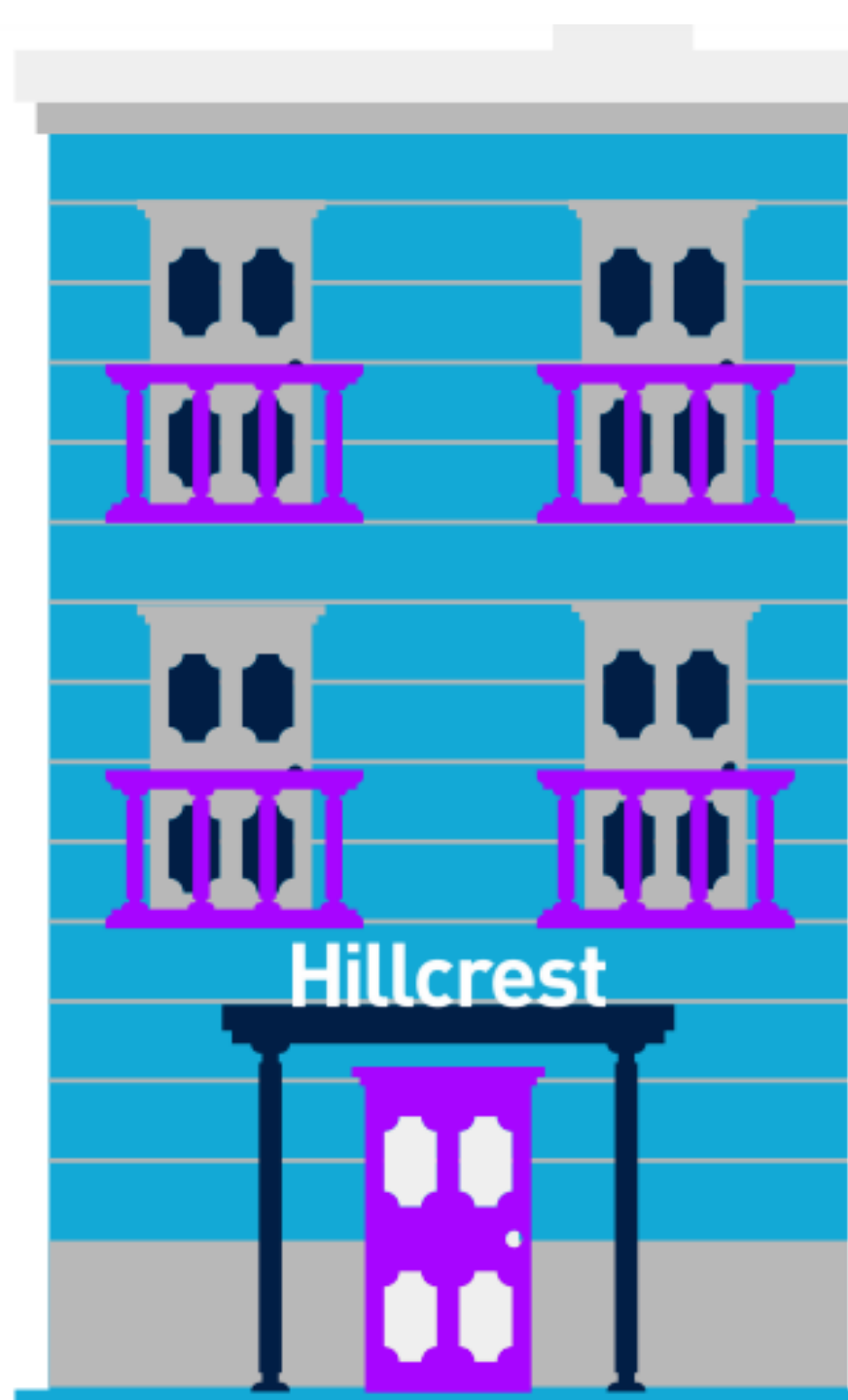
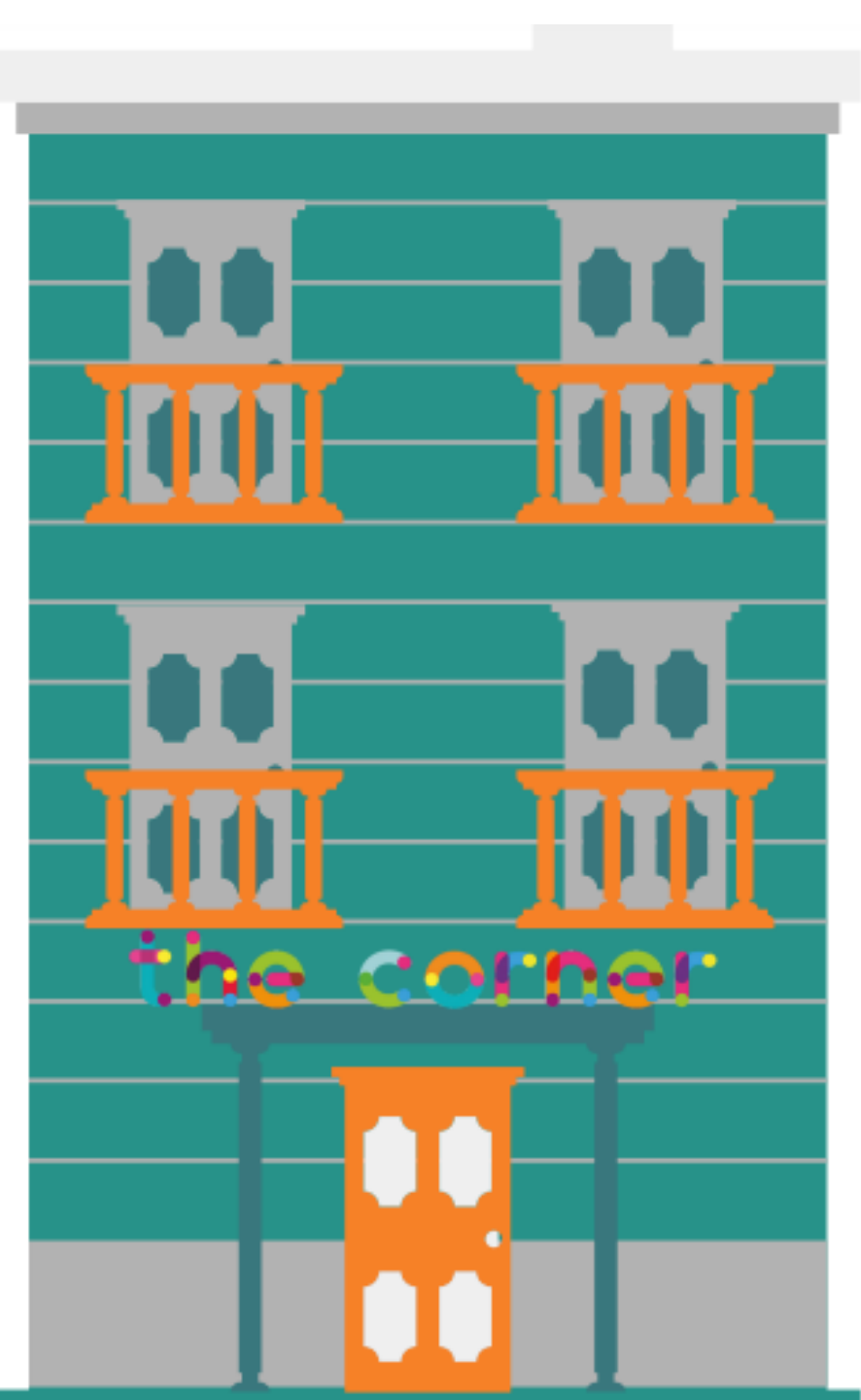
EMOTIONAL WELLBEING SUPPORT

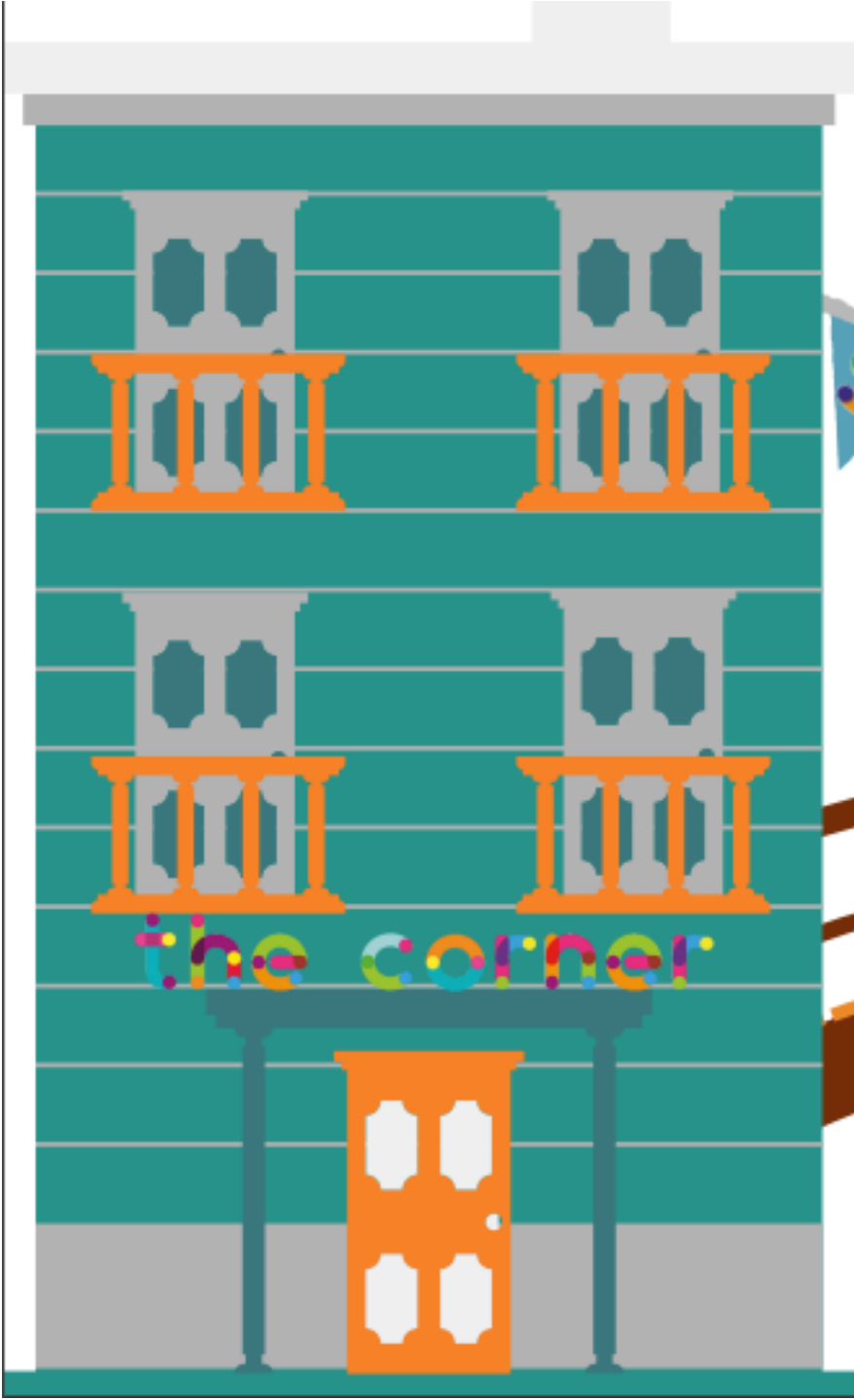




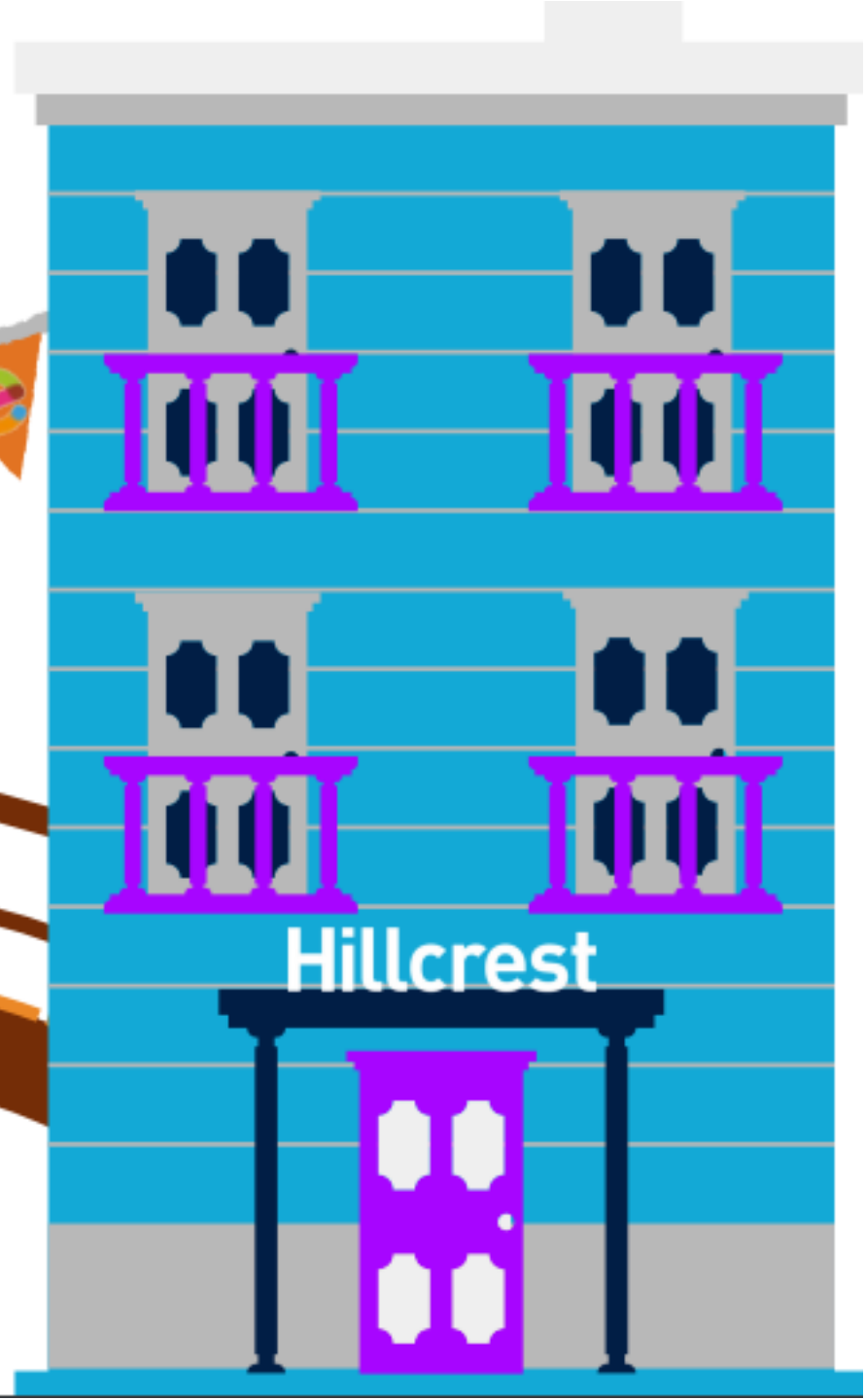
Hillcrest Futures







the corner



Hillcrest

Outcomes:

- 1. The lives of young people affected by drugs and alcohol aged 12-21 use will be improved**
- 2. Families affected by drug and alcohol use will have increased resilience**
- 3. Professionals Supporting young people affected by substance use will be more skilled to support young people using evidence-based prevention tools**

Since October 2022:

480+

young people

141

1-1/Health Check

330+

Workshop Participants

10

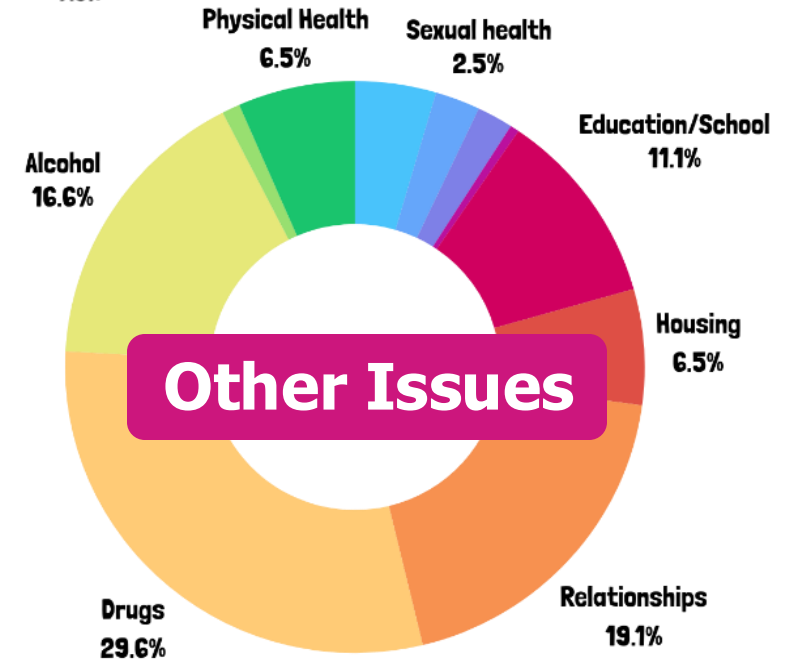
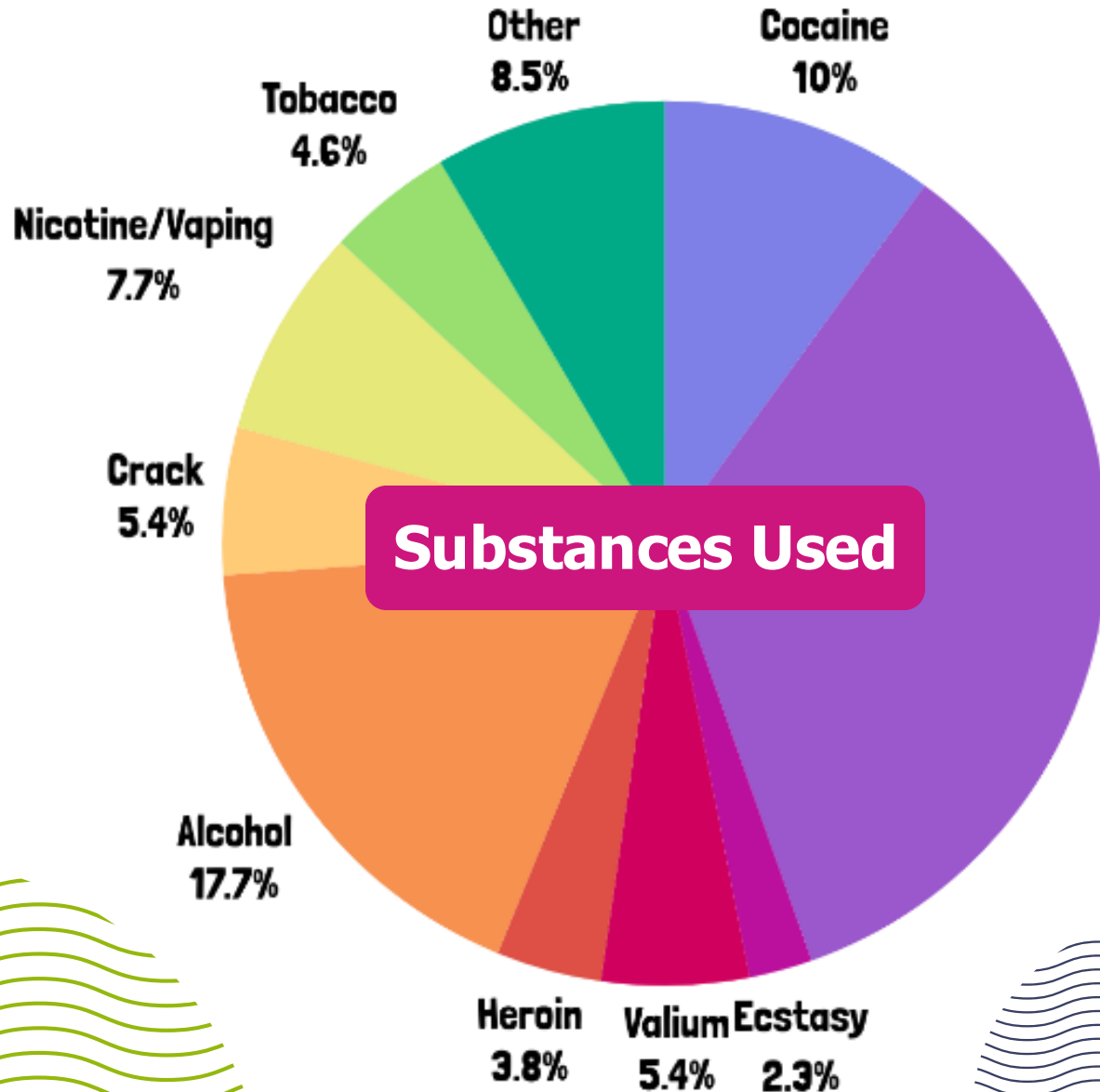
Families



83%

**of young people we support use
substances as a coping
mechanism**

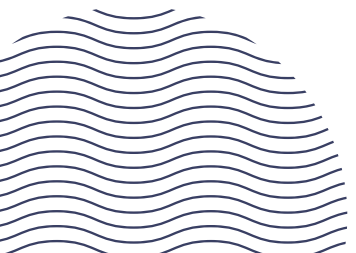
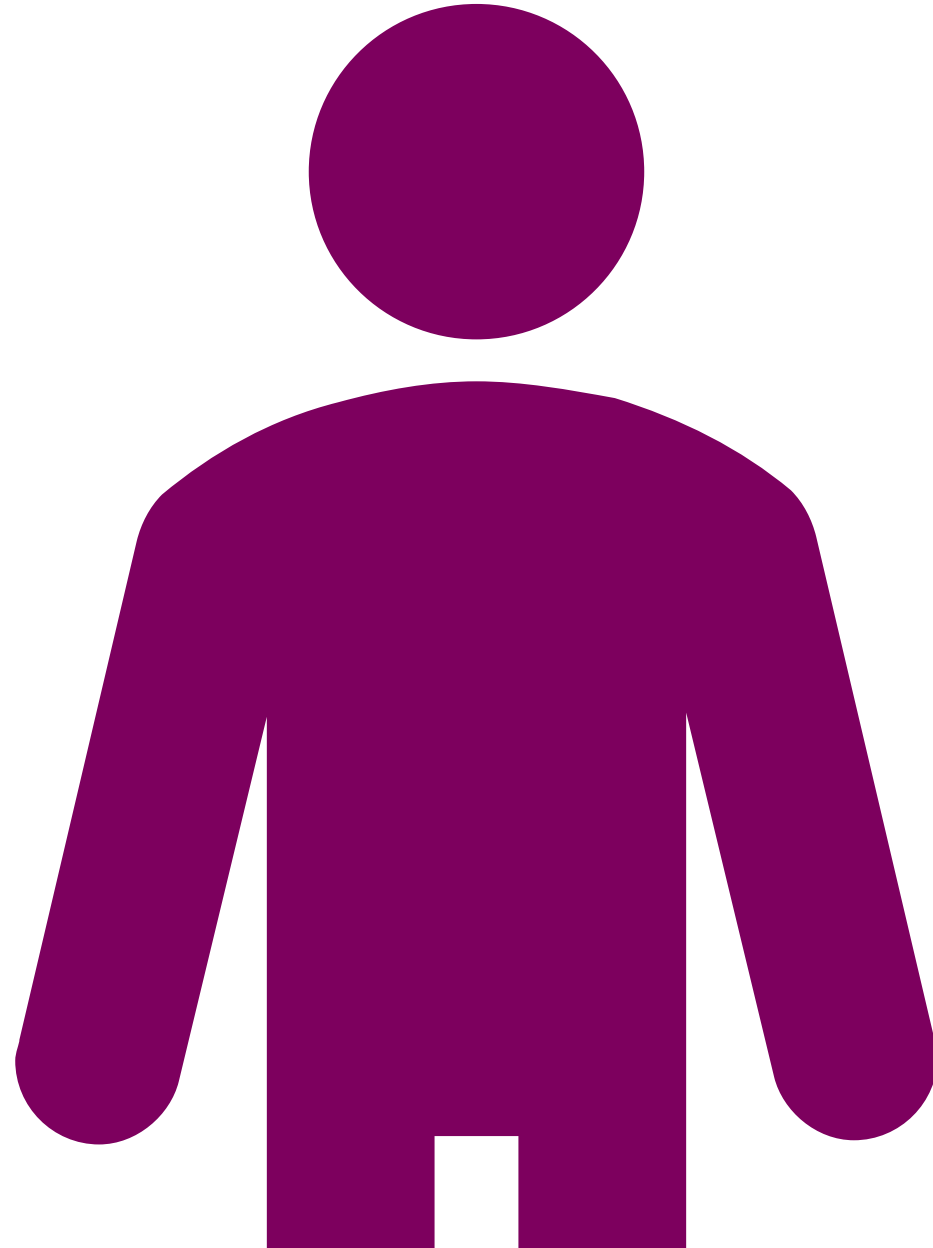
Trends:

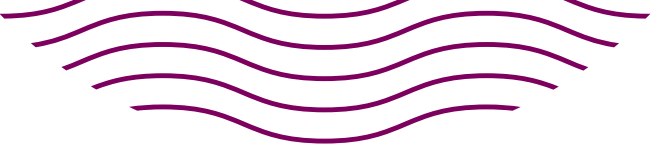


A YOUNG PERSON'S JOURNEY THROUGH

STRIVE







"I really enjoyed it I feel included and listened to clare has helped me so much with my bus pass and my sadness she has also helped me in getting a bike so I can keep fit and healthy"


"I was scared to meet with jacqui at first and didn't want to but she was friendly and had a joke when I first saw her so that helped me a lot"

"Steph was good, made me laugh"



"Was very positive feel like weight has been lifted every time I leave"

"I was very nervous at the start but feel much more comfortable now"



"I had a great time today we have arranged to get a fit note from the gp and spoke about how I'm cutting out cannabis but step by step"

"I know i've made progress but it's really good to see the evidence of that in the review. I feel like the sessions have helped me, it's helped me get things out and I've liked the structure. Erin has told me what I need to here rather than what I want to hear. This has been really helpful for me."

"Helped me get things off my chest and put them into perspective."





Spotting the signs:



'lit/pumped' (intoxicated) 🍷 🍷

Vaping Pen 🔪

Dealer 🍂

Batch 🍌 🍌

Delivery 📦 📦

High Potency 🚀 🚀

Smoking/Vaping 🚬 🚬

Money/Pricing/Deals 💰 💰

Cannabis 🌿 🌿

Cocaine ❄️ ❄️

Heroin 📦 📦

Ecstasy/MDMA 🎯 🎯

Crystal Meth 💎 💎

Vatamins 🍌 🍌

Universal' 🌲 🌲



REEFER MADNESS

DARE TO RESIST DRUGS AND VIOLENCE.

DRUGS VS

DO YOU USE COCAINE?

STOP THE DEATHS WE CAN PREVENT DRUG DEATHS

BE SOUND to yourself, to everyone

Taking drugs?

DESTROY LIVES AND FAMILIES

AS IN YOUR DRUGS DO DRUGS.

Session 1

A quick intro to substance use awareness



Session 2

Substance Use and the Body



Session 3

Substance Use and the Law



Ketamine



Session 4

Substance Use and Sex



Substance Use and the Wider Impacts



Strive Quiz

Time to test your knowledge!



Cocaine



Cannabis



Would you recommend these sessions to other young people?

**100%
Yes**

What did you like about the STRIVE sessions?

"We weren't just sitting and listening we got to be involved"

"when we put the goggles on at the "party"

"Having chocolate and learning about drugs and law"

"The delivery, really informal and friendly. Really engaging! Good games too."



What did you learn?

"Be careful and remember what ur taking"

"What different drugs can do to you"

"that i know who to talk to if i'm going through something"

"Support services available and signs to look out for"

"There's a lot more drugs than I thought"

"How drugs affect everyone else"

"Nothing that I didn't know"





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