### **SCOTTISH DRUGS FORUM'S**



Overdose Prevention, Intervention and Naloxone Training













# WHY YOU SHOULD CHOOSE NALOXONE TRAINING WITH SCOTTISH DRUGS FORUM

Scottish Drugs Forum (SDF) is a trusted leader in workforce learning and development and a leading national agency to improve Scotland's approach to drug-related issues. Naloxone training with SDF equips you with essential, life-saving skills to recognise and respond to opioid overdoses confidently and effectively.

The training is flexible and accessible - designed to give you practical knowledge that can be applied immediately in real-world situations. By completing Naloxone training, you're not just developing professionally - you're actively contributing to saving lives and reducing drug-related deaths in your community. With SDF's expert guidance and commitment to harm reduction, you'll be supported every step of the way.





# OUR OVERDOSE PREVENTION, INTERVENTION AND NALOXONE TRAINING LEVELS





## **E-LEARNING MODULE**

### **Course Overview**

This e-learning module provides essential training on how to administer Naloxone - a life-saving medication used to reverse opioid overdoses.

### Participants will gain:

- A clear understanding of drug-related deaths in Scotland
- The ability to identify and respond to an overdose
- Insight into how Naloxone works and how to use it effectively

This short course is designed to empower individuals with the knowledge and confidence to take life-saving action in an emergency.

### **Key Benefits**

- Quick and convenient
- Free to access
- Self-paced and available anytime
- Easily accessible for all users

- First-time learners interested in Naloxone use
- ♦ Public and community members seeking basic overdose response skills
- Professionals and volunteers working in addiction or harm reduction services
- ♦ New staff completing induction training in relevant organisations









# BASIC AWARENESS TRAINING

### **Course Overview**

This two-hour, facilitator-led session provides participants with essential knowledge and practical skills to help prevent drug overdoses and potentially save lives.

Sessions are interactive and can be delivered in person or online, offering flexibility to suit your needs.

We also offer peer-led or lived experience sessions, providing powerful insights from those with direct experience.

### **Key Benefits**

- Builds confidence to safely intervene in overdose situations
- Encourages attitude change and reduces stigma
- Offers a supportive learning environment where questions are welcomed
- Access to ongoing support post-training

- ♦ Staff and volunteers from community and third sector organisations
- **♦ Students and young people** interested in harm reduction
- Organisations new to Naloxone and overdose response practices





# LEVEL 1: TRAINING FOR TRAINERS

### **Course Overview**

This comprehensive one-day session prepares participants to deliver Naloxone training to others, whether one-on-one or in small group settings. It's ideal for those working with vulnerable populations, individuals likely to witness an overdose, or staff teams needing in-house training.

The course is adaptable to your organisation's needs and can be delivered in person or online.

Please note: This training is a mandatory requirement for anyone delivering Naloxone training and supplying Naloxone through their organisation.

### **Key Benefits**

- Hands-on skills in Naloxone administration
- Practical training in First Aid and CPR
- Guidance on how to plan, deliver and practice Naloxone teaching sessions

- Drug treatment providers and frontline services
- Organisations supplying or intending to supply Naloxone
- Teams aiming to train others and link them to Naloxone provision







# LEVEL 1: TRAINING FOR TRAINERS (PEER SUPPLY)

### Course Overview

This 2-day in-person course is designed to empower peers to train others on a one-to-one basis and in group settings. Delivered by experienced trainers, the course provides tailored support to help peer trainers build confidence and competence in a variety of settings.

This extended two-day version is also available for prison residents involved in peer-led initiatives, supporting them to become Naloxone peer trainers.

For information on peer supply models and training for peers, please contact:

Wez Steele, Senior Officer Drug Death Prevention at SDF on wezs@sdf.org.uk

### **Key Benefits**

- ♦ Hands-on skills in Naloxone administration
- Practical training in First Aid and CPR
- Guidance on how to plan, deliver and practice Naloxone teaching sessions

- Organisations working with peer volunteers or employing peer workers
- Services planning to distribute Naloxone through peer-led models
- Projects supporting individuals leaving prison with access to Naloxone





# LEVEL 2: TRAINING FOR TRAINERS (ADVANCED)



### **Course Overview**

This 4-day course is designed to equip experienced trainers with the knowledge, skills, and confidence to deliver Naloxone Training for Trainers in their own communities.

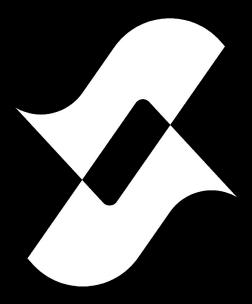
Participants will strengthen their core training capabilities through opportunities to observe real-time training, explore Naloxone training as a tool for engagement and development, and learn how to tailor sessions for diverse audiences.

Ongoing support is provided through a dedicated Teams channel and direct links to Scottish Drugs Forum (SDF) and health board contacts, ensuring trainers remain informed and connected in their role.

### **Key Benefits**

- Increases local capacity for Naloxone training
- Aligns with ADP and health board strategic plans
- Finhances visibility of Naloxone and helps reduce stigma in health and care settings

- **Experienced Naloxone trainers** with local or organisational demand for training delivery
- ♦ Individuals with capacity to deliver training regularly and maintain up-to-date skills



A Scotland free from drug-related health and social harm.





To improve Scotland's approach to drug-related issues. We influence this through our work by striving for compassionate, inclusive, evidence informed policy and practice.

You can learn more about the training that we offer on our website: https://sdf.org.uk/work/learning-and-development/wfd-training

You can access our free e-learning courses here: https://www.sdftraining.org.uk/e-learning

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